



LIFEGUARD



Job Description

Swimming Outline

While we offer myriad activities, swimming is emphasized on a daily basis. It is not only a life skill that provides decades of pleasure but it is a safety issue and a key to mastering so many other activities. Each and every camper is expected to learn to swim, or improve upon their current swimming ability, during their attending session. This consists of regular attendance at scheduled, skill and age specific, swim lessons and/or individualized one-on-one instruction during choice activity periods. Levels will coincide with the American Red Cross's accepted levels. Throughout the summer there will be opportunities for campers to test their skills and endurance during various swimming challenges. Many swimmers will choose to have their learning culminate with a distance challenge around the island or around the lake. Some may get the opportunity to participate in our lifeguard training program.

Responsibilities

- Ensure the continued safety of each member of the community at the waterfront
- Safety and equipment checks upon each arrival at waterfront.
- Maintain the cleanliness and order of the beachfront and swim area.
- Oversee swim tests.
- Organize games and activities to keep campers entertained.
- Help each camper improve upon their existing swimming ability.
- Create and carry-out individual and group swimming challenges for campers.
- Begin working on the lifeguard binder by inserting activity plans before the campers arrive.
- Continually evaluate and provide feedback in the lifeguard binder for upcoming years. This feedback would include the success of the swim area and swim challenges, camper enthusiasm, and thoughts/suggestions that would assist with future improvement.
- Provide rules and regulations for your program area.

Required Certification

- Lifeguard Training and First Aid. (American Red Cross)
- CPR for the Professional Rescuer. (American Red Cross)
- AED Essentials. (American Red Cross)

Recommended Skills/Abilities

- Waterfront Lifeguarding. (American Red Cross)
- Water Safety Instructor. (American Red Cross)
- Flexible, adaptable and be able to entertain campers at the waterfront.
- Ability to make the activity area FUN for all campers!